

The Spiritual Pharmacy

We present Part III in the series of continuing articles on supplications for all times and places.

Translated by Saleem Bhimji

Supplication to Remove Pain from the Joints

A person once complained to Imām Muḥammad al-Bāqir عليه السلام of pains in his joints at which time, the Imām instructed him to recite the following supplication:

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِاسْمِكَ وَبَرَكَاتِكَ وَدَعْوَتِ نَبِيِّكَ
الطَّاهِرِ الطَّيِّبِ الْمُبَارَكِ الْمَكِينِ عَنْكَ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ
وَ بِحَقِّ ابْنَتِهِ فَاطِمَةَ الْمُبَارَكَةِ وَ بِحَقِّ وَصِيِّهِ أَمِيرِ
الْمُؤْمِنِينَ عَلَيْهِ السَّلَامُ وَ بِحَقِّ سَيِّدِي شَبَابِ أَهْلِ الْاِحْتِنَةِ إِلَّا
أَذْهَبْتَ عَنِّي مَا أَجِدُ بِحَقِّهِمْ يَا إِلَهَ الْعَالَمِينَ.

Supplication to Remove Fever

Fātimah al-Zahrā عليها السلام said that her father, the Messenger of Allāh صلى الله عليه وآله وسلم, taught her that if the Muslims never want to be afflicted with fever, then they should read the following supplication:

بِسْمِ اللَّهِ التَّوْرِ. بِسْمِ اللَّهِ نُورِ التَّوْرِ. بِسْمِ اللَّهِ نُورِ عَلِيٍّ
نُورِ. بِسْمِ اللَّهِ الَّذِي هُوَ مُدَبِّرُ الْأُمُورِ. بِسْمِ اللَّهِ الَّذِي خَلَقَ
التَّوْرَ مِنَ التَّوْرِ. الْحَمْدُ لِلَّهِ الَّذِي خَلَقَ التَّوْرَ مِنَ التَّوْرِ وَ
أَنْزَلَ التَّوْرَ عَلَى الطُّورِ فِي كِتَابٍ مَسْطُورٍ فِي رِقِّ مَنْشُورٍ
بِقَدْرِ مَقْدُورٍ عَلَى نَبِيِّ مَحْبُورٍ. الْحَمْدُ لِلَّهِ الَّذِي هُوَ بِالْعَزِّ
مَذْكُورٍ وَ بِالْفَخْرِ مَشْهُورٍ وَ عَلَى السَّرَّاءِ وَ الضَّرَّاءِ
مَشْكُورٍ وَ صَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَ آلِهِ الطَّاهِرِينَ.

Another Supplication to Remove Fever

It has been related that the Prophet صلى الله عليه وآله وسلم taught the following supplication to ‘Alī ibn Abi Tālib عليه السلام and as soon as he read it, he was cured of his fever:

اللَّهُمَّ أَرْحَمَ جِلْدِي الرَّقِيقَ وَ عَظْمِي الدَّقِيقَ وَ أَعُوذُ بِكَ مِنْ
فَوْرَةِ الْحَرِيقِ يَا أُمَّ مُلْدَمِ أَيْنَ كُنْتَ آمَنْتُ بِاللَّهِ فَلَا تَأْكُلِي

اللَّحْمَ وَ لَا تَشْرَبِي الدَّمَ وَ لَا تَفُورِي مِنَ الْعَمِّ وَ انْقَلِبِي إِلَى
مَنْ يَزْعَمُ أَنَّ مَعَ اللَّهِ إِلَهًا آخَرَ فَإِنِّي أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ
وَ وَحْدَهُ لَا شَرِيكَ لَهُ وَ أَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَ رَسُولُهُ.

Supplication to Read for One who has Insomnia

Imām Ja‘far ibn Muḥammad as-Sādiq عليه السلام has said a person who can not sleep should read the following supplication:

سُبْحَانَ اللَّهِ ذِي الشَّانِ دَائِمُ السُّلْطَانِ كُلُّ يَوْمٍ هُوَ فِي
شَّانٍ.

Supplication to be Protected from Tuberculosis

Imām ‘Alī ibn Mūsā al-Ridā عليه السلام had said that if a person wants to be protected from Tuberculosis, he should read the following supplication three times so that Allāh the High will grant him protection and cure from this disease.

يَا اللَّهُ يَا رَبَّ الْأَرْبَابِ يَا سَيِّدَ السُّادَاتِ يَا إِلَهَ الْأَلْهَةِ وَ
يَا مَلِكَ الْمَلُوكِ وَ يَا جِبَارَ السَّمَاوَاتِ وَ الْأَرْضِ. اشْفِنِي وَ
عَافِنِي مِنْ دَائِي هَذَا فَإِنِّي عَبْدُكَ وَ ابْنُ عَبْدِكَ أَنْقَلِبْ فِي
قَبْضَتِكَ وَ نَاصِيَتِي بِيَدِكَ.

Supplication to Remove Headaches

Imām Muḥammad al-Bāqir عليه السلام had said that if a person is suffering from headaches, he should rub his hand on his forehead and recite the following seven times:

أَعُوذُ بِاللَّهِ الَّذِي سَكَنَ لَهُ مَا فِي الْبُرِّ وَ الْبَحْرِ وَ مَا فِي
السَّمَاوَاتِ وَ الْأَرْضِ وَ هُوَ السَّمِيعُ الْعَلِيمُ.

Supplication to Remove Pain in the Knees

Abū Hamza al-Thumālī عليه السلام complained to Imām Muḥammad al-Bāqir عليه السلام about pain in his knees to which the Imām replied that after Ṣalāt, he should recite the following supplication:

يَا أَجُودَ مَنْ أَعْطَى وَ يَا خَيْرَ مَنْ سُئِلَ وَ يَا أَرْحَمَ مَنْ
أَسْتَرْحَمُ إِرْحَمْ ضَعْفِي وَ قَلَّةَ حِيلَتِي وَ أَعْفِنِي مِنْ وَجْعِي.

